



BUILDING **FOOTBALL CAMP** **CHAMPIONS**



Grades: 7 - 9

(2020-2021 school year)

LOCATION:

- (1) Union Tuttle Stadium
- (2) Owasso High School

EQUIPMENT: Helmet, mouth piece, shoulder pads, jersey, shorts and cleats.

CAMP DESCRIPTION: The 2020 Building Champions Football Camp is a limited contact pad camp. The goal of the camp is to improve individual position skills while developing unity in a team environment. There will be no contact below the waist and no "to the ground" tackling during the camp. The safety of the athlete will be the number one priority. Questions? Contact: (918-357-7410)

JR ELITE SESSION:

7TH – 9TH GRADES (*\$50)

*7th - if registered with UYFA, cost is included with UYFA registration

May 27 – May 29

9:00 AM – 12:00 PM

(we will bus to Owasso for Day 2-3)



QB School: Comprehensive set of lessons dealing with the Quarterback position. Classroom teaching, throwing technique, and footwork mechanics. Session time, dates and cost are TBA. Please contact Coach Maddox if interested dub.maddox@gmail.com



OLINE - DLINE CAMP

OLINE – DLINE CAMP: 2 day camp focusing on the technique and fundamentals of offensive and defensive line play.

Contact Coach Greenwood for questions.

greenwood.doug@unionps.org



Grades: 3 - 12 (2020-2021 school year)

LOCATION: Union Tuttle Stadium, Union HS

EQUIPMENT: workout clothes, shoes.

REDSKIN COUNTRY CLUB is an intense training program offered to athletes entering the 3rd-12th grades.

REDSKIN COUNTRY CLUB is based on experienced coaching and enhanced by new equipment and techniques to develop our future athletes.

JR ELITE SESSION:

7th – 9th GRADES (\$150)

JUNE 8 – JULY 30

9:00 AM – 10:45 AM (M, T, W, Th)

--Strength, Flexibility, Speed, and Agility training--

4 days a week (M, T, W, Th)

RCC will not meet on June 29th – July 3rd (4th of July)

REDSKIN COUNTRY CLUB athletes should wear workout clothes and tennis shoes and have a desire to work hard and improve while learning in a fun environment.

REDSKIN COUNTRY CLUB is offered for other grades as well, see the below session for each grade level.

YOUTH ELITE SESSION:

3rd – 6th GRADES (\$75)

JULY 6 – JULY 23

10:45 AM – 12:00 PM (M,T,W,Th)

VARSITY SESSION:

10th – 12th GRADE (\$150)

JUNE 8 – JULY 30

7:00AM – 9:00AM (M,T,W,Th)

UNION FOOTBALL SUMMER CAMPS APPLICATION FORM

Athlete's Name _____ Phone # _____ Grade (2020-2021) _____

Street _____ City _____ State _____ Zip _____

Parent's Name _____ Emergency # _____

Email _____

7th/8th/9th Grade REDSKIN COUNTRY CLUB \$150
 7th/8th/9th Grade 2020 PAD CAMP "Building Champions" *\$50
 *7th grade - *If registered with UYFA, cost is included with UYFA_registration

3rd/4th/5th/6th Grade REDSKIN COUNTRY CLUB \$75

10th/11th/12th Grade REDSKIN COUNTRY CLUB \$150

PARENTAL CONSENT

I certify that my child has been examined by a physician and has been found to be in good health and able to compete in all camp activities without restriction. In addition, I acknowledge that I have medical insurance to cover the cost of any injury or illness that may occur during my child's participation in this camp. Furthermore, I authorize the staff of the UNION FOOTBALL SUMMER CAMPS 2020 to act for me according to their best judgment in an emergency requiring medical attention. I hereby release the UNION FOOTBALL SUMMER CAMPS 2020 and Union Public Schools from all claims resulting from any injury my child may sustain while attending this camp.

Parent/Guardian (PRINT) Date

Parent or Guardian's Signature

Camper's T-Shirt Size (circle one)

Adult size: S M L XL XXL	Youth size: YS YM YL
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Make all checks payable to: Union Public Schools
 Questions? Call: 918-357-7410

Please send payment and registration to:
 Union Athletics / 6836 S. Mingo/ Tulsa, OK 74133

Union FB Summer Camps Calendar		MON	TUE	WED	THU	FRI
		MAY 25	MAY 26	MAY 27	MAY 28	MAY 29
	Team Camp 7-9 grade					
		JUNE 1 VACATION	JUNE 2 VACATION	JUNE 3 VACATION	JUNE 4 VACATION	JUNE 5 VACATION
		JUNE 8 RCC begins Gr 7-12	JUNE 9 RCC	JUNE 10 RCC	JUNE 11 RCC	JUNE 12 RCC
		JUNE 15 RCC	JUNE 16 RCC	JUNE 17 RCC	JUNE 18 RCC	JUNE 19 RCC
		JUNE 22 RCC	JUNE 23 RCC	JUNE 24 RCC	JUNE 25 RCC	JUNE 26 RCC
		JUNE 29 VACATION	JUNE 30 VACATION	JULY 1 VACATION	JULY 2 VACATION	JULY 3 VACATION
		JULY 6 RCC Youth RCC	JULY 7 RCC Youth RCC	JULY 8 RCC	JULY 9 RCC Youth RCC	JULY 10 RCC
		JULY 13 RCC Youth RCC	JULY 14 RCC Youth RCC	JULY 15 RCC	JULY 16 RCC Youth RCC	JULY 17 RCC
	UYFA Combine	JULY 20 RCC Youth RCC	JULY 21 RCC Youth RCC	JULY 22 RCC	JULY 23 RCC Youth RCC	JULY 24 RCC
		JULY 27 RCC	JULY 28 RCC	JULY 29 RCC	JULY 30 RCC	JULY 31 RCC