



# ***STRONGER FASTER BETTER***

Grades: 3 - 12  
(2019-2020 school year)

**LOCATION:**  
Union Tuttle Stadium  
Union High School

[www.unionredskinsfootball.com](http://www.unionredskinsfootball.com)

**REGISTRATION FORM on the BACK**

**EQUIPMENT:** workout clothes, shoes.

**REDSKIN COUNTRY CLUB** is an intense training program offered to athletes entering the 3<sup>rd</sup>-12<sup>th</sup> grades.

**REDSKIN COUNTRY CLUB** is based on experienced coaching and enhanced by new equipment and techniques to develop our future athletes.

**VARSITY SESSION:**

**10<sup>th</sup> – 12<sup>th</sup> GRADE (\$150)**  
**JUNE 10 – AUGUST 1**  
7:00AM – 9:00AM (M,T,Th,F)

**JR ELITE SESSION:**

**7<sup>th</sup> – 9<sup>th</sup> GRADES (\$130)**  
**JUNE 10 – AUGUST 1**  
9:00 AM – 10:45 AM (M, T, Th)

**YOUTH ELITE SESSION:**

**3<sup>rd</sup> – 6<sup>th</sup> GRADES (\$60)**  
**JULY 8 – JULY 25**  
10:45 AM – 12:00 PM (M, T, Th)

**RCC will not meet on July 1<sup>st</sup> – 5<sup>th</sup> 4<sup>th</sup> of July Holiday**

3<sup>rd</sup>-9<sup>th</sup> grades meets 3 days a week (M, T, Th)

10<sup>th</sup>-12<sup>th</sup> grades is 4 days a week for (M, T, Th, F).

**YOUTH SESSION ONLY MEETS IN JULY !**

--Strength, Flexibility, Speed, and Agility training--

**REDSKIN COUNTRY CLUB** athletes should wear workout clothes and tennis shoes and have a desire to work hard and improve while learning in a fun environment.

**REDSKIN COUNTRY CLUB** is offered for other grades as well, see the below session for each grade level.

# UNION FOOTBALL SUMMER CAMPS APPLICATION FORM

Athlete's Name \_\_\_\_\_ Phone # \_\_\_\_\_ Grade (2019-2020) \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent's Name \_\_\_\_\_ Emergency # \_\_\_\_\_

Email \_\_\_\_\_

- 7<sup>th</sup>/8<sup>th</sup>/9<sup>th</sup> Grade REDSKIN COUNTRY CLUB \$130
- 7<sup>th</sup>/8<sup>th</sup>/9<sup>th</sup> Grade 2018 PAD CAMP "Building Champions" \*\$50  
 \*7<sup>th</sup> grade - \*If registered with UYFA, cost is included with UYFA\_registration
- 3<sup>rd</sup>/4<sup>th</sup>/5<sup>th</sup>/6<sup>th</sup> Grade REDSKIN COUNTRY CLUB \$60
- 10<sup>th</sup>/11<sup>th</sup>/12<sup>th</sup> Grade REDSKIN COUNTRY CLUB \$150

### PARENTAL CONSENT

I certify that my child has been examined by a physician and has been found to be in good health and able to compete in all camp activities without restriction. In addition, I acknowledge that I have medical insurance to cover the cost of any injury or illness that may occur during my child's participation in this camp. Furthermore, I authorize the staff of the UNION FOOTBALL SUMMER CAMPS 2019 to act for me according to their best judgment in an emergency requiring medical attention. I hereby release the UNION FOOTBALL SUMMER CAMPS 2019 and Union Public Schools from all claims resulting from any injury my child may sustain while attending this camp.

### Camper's T-Shirt Size (circle one)

<b>Adult size:</b> <div style="display: flex; justify-content: space-around; text-align: center;"> <span>S</span> <span>M</span> <span>L</span> <span>XL</span> <span>XXL</span> </div>	<b>Youth size:</b> <div style="display: flex; justify-content: space-around; text-align: center;"> <span>YS</span> <span>YM</span> <span>YL</span> </div>
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Parent/Guardian (PRINT) \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian's Signature \_\_\_\_\_

**Make all checks payable to: Union Public Schools**  
**Questions? Call: 918-357-7410**

**Please send payment and registration to:**  
**Union Athletics / 6836 S. Mingo/ Tulsa, OK 74133**

Union FB Summer Camps Calendar		MON	TUE	WED	THU	FRI
		MAY 27	MAY 28	MAY 29	MAY 30	MAY 31
		-----Team Camp 7-9 grade-----				
		JUNE 3	JUNE 4	JUNE 5	JUNE 6	JUNE 7
		VACATION	VACATION	VACATION	VACATION	VACATION
		JUNE 10	JUNE 11	JUNE 12	JUNE 13	JUNE 14
		RCC begins Gr 7-12	RCC	RCC	RCC	high school only RCC
		JUNE 17	JUNE 18	JUNE 19	JUNE 20	JUNE 21
		RCC	RCC	RCC	RCC	high school only RCC
		JUNE 24	JUNE 25	JUNE 26	JUNE 27	JUNE 28
		RCC	RCC	RCC	RCC	high school only RCC
		JULY 1	JULY 2	JULY 3	JULY 4	JULY 5
		VACATION	VACATION	VACATION	VACATION	VACATION
		JULY 8	JULY 9	JULY 10	JULY 11	JULY 12
		RCC Youth RCC	RCC Youth RCC		RCC Youth RCC	high school only RCC
		JULY 15	JULY 16	JULY 17	JULY 18	JULY 19
		RCC Youth RCC	RCC Youth RCC		RCC Youth RCC	high school only RCC
		JULY 22	JULY 23	JULY 24	JULY 25	JULY 26
		RCC Youth RCC UYFA Combine	RCC Youth RCC		RCC Youth RCC	high school only RCC
		JULY 29	JULY 30	JULY 31	AUGUST 1	AUGUST 2
		RCC	RCC	RCC	RCC	high school only RCC