



**Grades: 7 - 9**  
(2019-2020 school year)

**LOCATION:**  
Union Tuttle Stadium  
**EQUIPMENT:** Helmet, mouth piece, shoulder pads, jersey, shorts and cleats.

**CAMP DESCRIPTION:** The 2019 Building Champions Football Camp is a limited contact pad camp. The goal of the camp is to improve individual position skills while developing unity in a team environment. There will be no contact below the waist and no "to the ground" tackling during the camp. The safety of the athlete will be the number one priority. Questions? Contact: (918-357-7410)

**JR ELITE SESSION:**  
**7<sup>TH</sup> – 9<sup>TH</sup> GRADES (\*\$50)**  
\*7<sup>th</sup> - if registered with UYFA, cost is included with UYFA registration  
  
**May 28 – May 30**  
**9:00 AM – 12:00 PM**



**QB School:** Comprehensive set of lessons dealing with the Quarterback position. Classroom teaching, throwing technique, and footwork mechanics. Session time, dates and cost are TBA. Please contact Coach Roepke if interested [roepke.richard@unionps.org](mailto:roepke.richard@unionps.org)



**OLINE – DLINE CAMP:** 2 day camp focusing on the technique and fundamentals of offensive and defensive line play.  
Contact Coach Riley for questions. [riley.aaron@unionps.org](mailto:riley.aaron@unionps.org)



**Grades: 3 - 12**  
(2019-2020 school year)

**LOCATION:**  
Union Tuttle Stadium  
Union High School  
  
**EQUIPMENT:** workout clothes, shoes.

**REDSKIN COUNTRY CLUB** is an intense training program offered to athletes entering the 3<sup>rd</sup>-12<sup>th</sup> grades.

**REDSKIN COUNTRY CLUB** is based on experienced coaching and enhanced by new equipment and techniques to develop our future athletes.

**JR ELITE SESSION:**  
**7<sup>th</sup> – 9<sup>th</sup> GRADES (\$130)**  
**JUNE 10 – AUGUST 1**  
9:00 AM – 10:45 AM (M, T, Th)

--Strength, Flexibility, Speed, and Agility training--

3<sup>rd</sup>-9<sup>th</sup> grades meets 3 days a week (M, T, Th)

10<sup>th</sup>-12<sup>th</sup> grades is 4 days a week for (M, T, Th, F).

**YOUTH SESSION ONLY MEETS IN JULY!**

**REDSKIN COUNTRY CLUB** athletes should wear workout clothes and tennis shoes and have a desire to work hard and improve while learning in a fun environment.

**RCC will not meet on July 1<sup>st</sup> – 5<sup>th</sup> 4<sup>th</sup> of July Holiday**

**REDSKIN COUNTRY CLUB** is offered for other grades as well, see the below session for each grade level.

**YOUTH ELITE SESSION:**  
**3<sup>rd</sup> – 6<sup>th</sup> GRADES (\$60)**  
**JULY 8 – JULY 25**  
10:45 AM – 12:00 PM (M, T, Th)

**VARSITY SESSION:**  
**10<sup>th</sup> – 12<sup>th</sup> GRADE (\$150)**  
**JUNE 10 – AUGUST 1**  
7:00AM – 9:00AM (M,T,Th,F)

# UNION FOOTBALL SUMMER CAMPS APPLICATION FORM

Athlete's Name \_\_\_\_\_ Phone # \_\_\_\_\_ Grade (2019-2020) \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent's Name \_\_\_\_\_ Emergency # \_\_\_\_\_

Email \_\_\_\_\_

- 7<sup>th</sup>/8<sup>th</sup>/9<sup>th</sup> Grade REDSKIN COUNTRY CLUB \$130
- 7<sup>th</sup>/8<sup>th</sup>/9<sup>th</sup> Grade 2018 PAD CAMP "Building Champions" \*\$50  
 \*7<sup>th</sup> grade - \*If registered with UYFA, cost is included with UYFA\_registration
- 3<sup>rd</sup>/4<sup>th</sup>/5<sup>th</sup>/6<sup>th</sup> Grade REDSKIN COUNTRY CLUB \$60
- 10<sup>th</sup>/11<sup>th</sup>/12<sup>th</sup> Grade REDSKIN COUNTRY CLUB \$150

### PARENTAL CONSENT

I certify that my child has been examined by a physician and has been found to be in good health and able to compete in all camp activities without restriction. In addition, I acknowledge that I have medical insurance to cover the cost of any injury or illness that may occur during my child's participation in this camp. Furthermore, I authorize the staff of the UNION FOOTBALL SUMMER CAMPS 2019 to act for me according to their best judgment in an emergency requiring medical attention. I hereby release the UNION FOOTBALL SUMMER CAMPS 2019 and Union Public Schools from all claims resulting from any injury my child may sustain while attending this camp.

### Camper's T-Shirt Size (circle one)

<b>Adult size:</b> <div style="display: flex; justify-content: space-around; text-align: center;"> <span>S</span> <span>M</span> <span>L</span> <span>XL</span> <span>XXL</span> </div>	<b>Youth size:</b> <div style="display: flex; justify-content: space-around; text-align: center;"> <span>YS</span> <span>YM</span> <span>YL</span> </div>
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\_\_\_\_\_  
Parent/Guardian (PRINT) Date

\_\_\_\_\_  
Parent or Guardian's Signature

**Make all checks payable to: Union Public Schools**  
**Questions? Call: 918-357-7410**

**Please send payment and registration to:**  
**Union Athletics / 6836 S. Mingo/ Tulsa, OK 74133**

Union FB Summer Camps Calendar		MON	TUE	WED	THU	FRI
	MAY 27	MAY 28	MAY 29	MAY 30	MAY 31	
	Team Camp 7-9 grade					
	JUNE 3	JUNE 4	JUNE 5	JUNE 6	JUNE 7	JUNE 14
	VACATION	VACATION	VACATION	VACATION	VACATION	high school only RCC
	JUNE 10	JUNE 11	JUNE 12	JUNE 13	JUNE 20	JUNE 21
	RCC begins Gr 7-12	RCC	RCC	RCC	RCC	high school only RCC
	JUNE 17	JUNE 18	JUNE 19	JUNE 26	JUNE 27	JUNE 28
	RCC	RCC	RCC	RCC	RCC	high school only RCC
	JUNE 24	JUNE 25	JUNE 26	JUNE 27	JUNE 28	JUNE 28
	RCC	RCC	RCC	RCC	RCC	high school only RCC
	JULY 1	JULY 2	JULY 3	JULY 4	JULY 5	JULY 12
	VACATION	VACATION	VACATION	VACATION	VACATION	high school only RCC
	JULY 8	JULY 9	JULY 10	JULY 11	JULY 12	JULY 19
	RCC	RCC	RCC	RCC	RCC	high school only RCC
	Youth RCC	Youth RCC	Youth RCC	Youth RCC	Youth RCC	high school only RCC
	JULY 15	JULY 16	JULY 17	JULY 18	JULY 19	JULY 26
	RCC	RCC	RCC	RCC	RCC	high school only RCC
	Youth RCC	Youth RCC	Youth RCC	Youth RCC	Youth RCC	high school only RCC
	JULY 22	JULY 23	JULY 24	JULY 25	JULY 26	JULY 26
	RCC	RCC	RCC	RCC	RCC	high school only RCC
	Youth RCC	Youth RCC	Youth RCC	Youth RCC	Youth RCC	high school only RCC
	UYFA Combine					
	JULY 29	JULY 30	JULY 31	AUGUST 1	AUGUST 2	AUGUST 2
	RCC	RCC	RCC	RCC	RCC	high school only RCC