

2017 Union Offensive & Defensive Lineman Camp

Two-day camp open to any athlete interested in playing & improving as an offensive and/or defensive lineman.

During both sessions we will work on basic fundamentals of offensive & defensive line play including:

<u>Offensive Line:</u>	<u>Defensive Line</u>
*Stance	* Stance
*Base Blocks	* Get-offs
*Reach Blocks	* Line Stunts
*Double Teams	*Block Destruction
*Pass Protection	* Pass Rush
*Guard Pulls	

Camp Dates:

10th - 12th June 26-27 6:30pm-8:30pm

7th - 9th June 29-30 6:30pm-8:30pm

Cost: \$50.00

Location: Union High School

What to Bring:

- ✓ Football cleats
- ✓ Inside shoes (in case of inclement weather)
- ✓ Shoulder Pads
- ✓ Helmet
- ✓ Mouthpiece

Parents and/or coaches are welcome to attend

Checks Payable to Union Public Schools

Contact:

Coach Chance Riley – riley.aaron@unionps.org

2017 Union O-Line / D-Line Camp Registration

Athlete's Name _____ Phone _____ Grade (2017-18) _____

Address _____ City/St _____ Zip _____

Parent/Guardian Name _____ Emergency # _____

Email _____

Please select one: 10th - 12th Grades (June 26-27) 7th - 9th Grades (June 29-30)

Parental Consent

I certify that my child has been examined by a physician and has been found to be in good health and able to compete in all camp activities without restriction. In addition, I acknowledge that I have medical insurance to cover the cost of any injury or illness that may occur during my child's participation in this camp. Furthermore, I authorize the staff of the UNION OL-DL Camp 2017 to act for me according to their best judgment in an emergency requiring medical attention. I hereby release the UNION OL- DL Camp 2017 and Union Public Schools from all claims resulting from any injury my child may sustain while attending this camp.

Parent/Guardian (PRINT) Date

Parent/Guardian Signature

