

UNION
2017
FOOTBALL
CAMPS



Stronger. Faster. Better.

REGISTRATION FORM on the BACK

www.unionredskinsfootball.com



Grades: 3 - 9

(2017-2018 school year)

LOCATION:

Union Tuttle Stadium
Union High School

EQUIPMENT: Helmet, mouth piece, shoulder pads, jersey, shorts and cleats

COST: \$50 per player (t-shirt included in cost)

JR ELITE SESSION:

7TH – 9TH GRADES (\$50)

MAY 31 – JUNE 2

9:00 AM – 12:00 PM

CAMP DESCRIPTION:

The 2017 Building Champions Football Camp is a limited contact pad camp. The goal of the camp is to improve individual position skills while developing unity in a team environment. There will be no contact below the

YOUTH ELITE SESSION:

5TH - 6TH GRADES (\$50)

JULY 18 – 20

6:30 PM – 8:30 PM

3RD - 4TH GRADES (\$50)

JULY 18 – 20

6:30 PM – 8:30 PM

waist and no "to the ground" tackling during the camp. The safety of the athlete will be the number one priority.

Questions? Contact: (918-357-7410)



QB School: Comprehensive set of lessons dealing with the Quarterback position. Classroom teaching, throwing technique, and footwork mechanics. Session time, dates and cost are TBA. Please contact Coach Roepke if interested roepke.richard@unionps.org



STRONGER. FASTER. BETTER.

Grades: 3 - 12

(2017-2018 school year)

LOCATION:

Union Tuttle Stadium
Union High School

REDSKIN COUNTRY CLUB is based on experienced coaching and enhanced by new equipment and techniques to develop our future athletes.

--Strength, Flexibility, Speed, and Agility training--

REDSKIN COUNTRY CLUB is an intense training program offered to athletes entering the 3rd-12th grades.

The camp meets 3 days a week for 3rd-9th grades (M, T, Th) and 4 days a week for 10th-12th grades (M, T, Th, F).

YOUTH SESSION IS ONLY 4 WEEKS LONG!

REDSKIN COUNTRY CLUB athletes should wear workout clothes and tennis shoes and have a desire to work hard and improve while learning in a fun environment.

VARSIY SESSION:

10TH – 12TH GRADE (\$150)

JUNE 12 – JULY 27

7:00AM – 9:00AM (M,T,Th,F)

JR ELITE SESSION:

7TH – 9TH GRADES (\$130)

JUNE 12 – JULY 27

9:00 AM – 10:45 AM (M, T, Th)

YOUTH ELITE SESSION:

3RD – 6TH GRADES (\$60)

JULY 10 – JULY 27

10:45 AM – 12:00 PM (M, T, Th)

RCC will not meet on

July 3rd – 4th

4th of July Holiday



OLINE - DLINE CAMP

OLINE – DLINE CAMP: 2 day camp focusing on the technique and fundamentals of offensive and defensive line play.

Contact Coach Riley for questions and flyers. riley.aaron@unionps.org



INTRODUCTION TO TACKLE FOOTBALL
MIGHTY MITES - 1ST AND 2ND GRADES

Grades: 1 - 2 (2017-2018 school year)

COST: \$50 per player (t-shirt included)

LOCATION: Union Tuttle Stadium, Union High School

EQUIPMENT: Helmet, mouth piece, shoulder pads, jersey, padded pants (or shorts) and cleats

DATES: JULY 18-20 (6:30PM – 7:30PM)

CAMP DESCRIPTION:

"The Game" Pad Camp is a limited contact padded camp, requiring a **helmet, mouth piece, shoulder pads, jersey, padded pants or shorts, and cleats**. The goal of the camp is to introduce the basic concepts of football (blocking, tackling) with the proper techniques. The intent is to help new players understand how to wear their pads and release some of the anxiety of contact football in a safe and controlled environment. This camp will give all new players a head start before practice begins in the fall. The safety of the athlete will be the number one priority.

- ★ **Great camp for youth coaches and their beginning players!**
- ★ **Camp taught by Union High School Head Football Coach, Kirk Fridrich**

UNION FOOTBALL SUMMER CAMPS APPLICATION FORM

Athlete's Name _____ Phone # _____ Grade (2017-2018) _____

Street _____ City _____ State _____ Zip _____

Parent's Name _____ Emergency # _____

Email _____

<input type="checkbox"/> 10 th /11 th /12 th Grade <u>REDSKIN COUNTRY CLUB</u> \$150
<input type="checkbox"/> 7 th /8 th /9 th Grade <u>REDSKIN COUNTRY CLUB</u> \$130 <input type="checkbox"/> 7 th /8 th /9 th Grade <u>2017 PAD CAMP "Building Champions"</u> \$50 <input type="checkbox"/> <u>BOTH CAMPS -- \$160 (SAVE MONEY)</u>
<input type="checkbox"/> 3 rd /4 th /5 th /6 th Grade <u>REDSKIN COUNTRY CLUB</u> \$60 <input type="checkbox"/> 3 rd /4 th /5 th /6 th Grade <u>2017 PAD CAMP "Building Champions"</u> \$50 <input type="checkbox"/> <u>BOTH CAMPS -- \$100 (SAVE MONEY)</u>
<input type="checkbox"/> 1 st /2 nd Grade <u>INTRO TO THE GAME Pad football camp</u> \$50

PARENTAL CONSENT

I certify that my child has been examined by a physician and has been found to be in good health and able to compete in all camp activities without restriction. In addition, I acknowledge that I have medical insurance to cover the cost of any injury or illness that may occur during my child's participation in this camp. Furthermore, I authorize the staff of the UNION FOOTBALL SUMMER CAMPS 2017 to act for me according to their best judgment in an emergency requiring medical attention. I hereby release the UNION FOOTBALL SUMMER CAMPS 2017 and Union Public Schools from all claims resulting from any injury my child may sustain while attending this camp.

Camper's T-Shirt Size (circle one)

<u>Adult size:</u> S M L XL XXL	<u>Youth size:</u> YS YM YL
---	---

Parent/Guardian (PRINT) Date

Parent or Guardian's Signature

Make all checks payable to: Union Public Schools
Questions? Call: 918-357-7410

Please send payment and registration to:
Union Athletics / 6836 S. Mingo/ Tulsa, OK 74133

Union FB Summer Camps Calendar	MON	TUE	WED	THU	FRI
			MAY 31	JUNE 1	JUNE 2
	Team Camp 7-9 grade				
	JUNE 5	JUNE 6	JUNE 7	JUNE 8	JUNE 9
	JUNE 12 RCC begins Gr 7-12	JUNE 13 RCC	JUNE 14 RCC	JUNE 15 RCC	JUNE 16 high school only RCC
	JUNE 19 RCC	JUNE 20 RCC	JUNE 21 RCC	JUNE 22 RCC	JUNE 23 high school only RCC
	JUNE 26 RCC	JUNE 27 RCC	JUNE 28 RCC	JUNE 29 RCC	JUNE 30 RCC
	JULY 3 VACATION	JULY 4 VACATION	JULY 5	JULY 6 RCC	JULY 7 high school only RCC
	JULY 10 RCC Youth RCC	JULY 11 RCC Youth RCC	JULY 12	JULY 13 RCC Youth RCC	JULY 14 high school only RCC
	JULY 17 RCC Youth RCC	JULY 18 RCC Youth RCC	JULY 19	JULY 20 RCC Youth RCC	JULY 21 high school only RCC
	UYFACombine Youth Padded Camps 1-6 grades				
	JULY 24 RCC Youth RCC	JULY 25 RCC Youth RCC	JULY 26	JULY 27 RCC Youth RCC	JULY 28